

IMPORTANT MESSAGE TO PATIENTS ABOUT RESPIRATORY INFECTIONS

Nova Scotia Health continues to see broad impacts of Respiratory Infection in our facilities. These infections include **COVID-19, INFLUENZA AND RSV**. In order to protect our patients and staff, if you have experienced any of the **RISK FACTORS** listed below within 48 hours of your appointment, please call our office as soon as possible for further direction. Our office number can be found on your appointment letter enclosed.

RISK FACTORS

1. Tested positive for COVID-19 in the last 10 days

2. Symptomatic risk factors

- An unexplained fever or fever-like symptoms such as chills or sweats **OR**
- A new or worsening cough **OR**

Two of more of the following symptoms (new or worsening)

- Sore throat
- Runny nose, nasal congestion, sneezing
- Headache
- Shortness of breath
- Confusion/disorientation
- Extreme tiredness
- Nausea, vomiting, diarrhea

3. Non-symptomatic risk factors

- Exposure to someone in your household who has confirmed COVID-19, Influenza or RSV

Please be advised that proof of vaccination is not required for patients seeking or receiving care or treatment.

For the most up-to-date information on essential care partners/support people to visit or accompany patients, please visit our website:

[COVID-19 Visitor Information | Nova Scotia Health \(nshealth.ca\)](https://www.nshealth.ca)