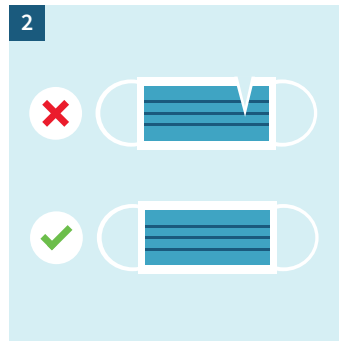




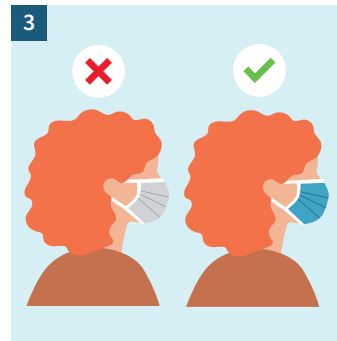
How to Wear a Protective Face Mask



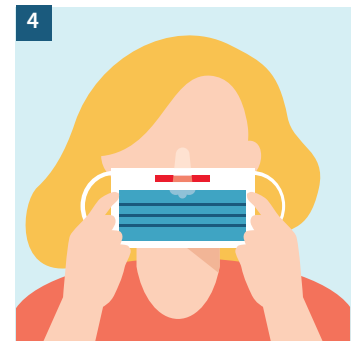
1 Wash your hands with soap and water for 20-30 seconds, or use alcohol-based hand sanitizer before touching the face mask.



2 Check the new mask to make sure it's not damaged.



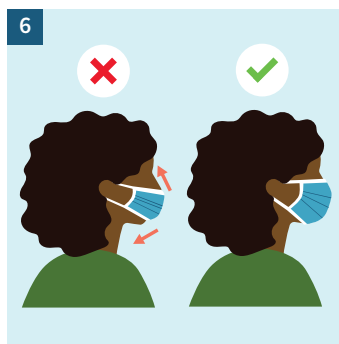
3 Ensure colour side of the mask faces outward.



4 Locate the metallic strip. Place it over and mold it to the nose bridge.



5 Place an ear loop around each ear or tie the top and bottom straps.



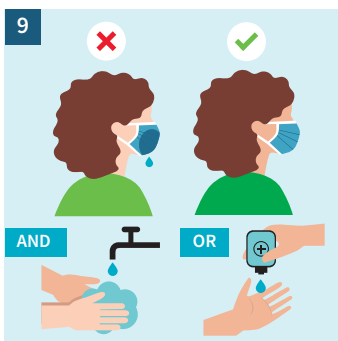
6 Cover mouth and nose fully, making sure there are no gaps. Pull the bottom of the mask to fully open and fit under your chin.



7 Press the metallic strip again to fit the shape of the nose. Wash hands.



8 Do not touch the mask while using it. If you do, wash your hands.

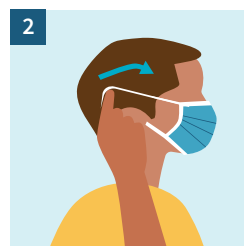


9 After you remove the wet or dirty mask wash your hands. Put the new mask on and wash your hands again. Do not reuse a mask.

Removing the Mask



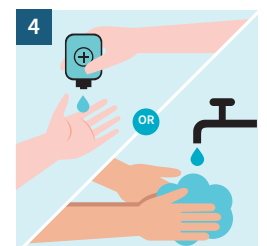
1 Wash hands, or use alcohol-based hand sanitizer.



2 Do not touch the front of your mask. Lean forward, gently remove the mask from behind by holding both ear loops or ties.



3 Get rid of the used mask in a waste container.



4 Wash hands, or use alcohol-based hand sanitizer.