

Pre-Exposure Prophylaxis (PrEP) for HIV Prescribing Protocol - Initial Eligibility Assessment

Patient Information			
Name: _____ Preferred Name/Alias: _____ HCN: _____ Phone Number: _____ Street Address: _____ City/Town: _____ Province: _____ Postal Code: _____ Date of Birth: _____ Age: _____ Gender: _____ or <input type="checkbox"/> Prefers not to disclose gender Pronouns: _____ Primary Care Provider (PCP) : _____ Fax: _____ Phone: _____ <input type="checkbox"/> Patient does not have a primary care provider			
The initial eligibility appointment aims to determine if the patient will benefit from therapy with HIV PrEP, establish the participant's expectations for HIV PrEP regarding adherence, adverse effects, monitoring, and enable collection of baseline laboratory results.			
Medical History	Allergies, medical conditions, and medications reviewed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Known allergy to tenofovir or emtricitabine?	<input type="checkbox"/> Yes - STOP	<input type="checkbox"/> No
	Exposure to HIV within last 72 h while NOT taking HIV PrEP?	<input type="checkbox"/> Yes – REFER ^{1*}	<input type="checkbox"/> No
	CONTRAINDICATED due to interactions with the patient's current medications ? <i>University of Liverpool HIV Drug Interaction Checker</i>	<input type="checkbox"/> Yes - STOP	<input type="checkbox"/> No
	Known eGFR < 30mL/min?	<input type="checkbox"/> Yes – STOP ^{3*}	<input type="checkbox"/> No
	Has a diagnosis of hepatitis B?	<input type="checkbox"/> Yes – STOP	<input type="checkbox"/> No
	If the patient has a uterus, are they pregnant?	<input type="checkbox"/> Yes – STOP	<input type="checkbox"/> No
	Is the patient lactating?	<input type="checkbox"/> Yes – STOP	<input type="checkbox"/> No
Eligibility	<input type="checkbox"/> HIV-negative individual at risk of HIV infection requesting HIV PrEP.		
Laboratory Tests Ordered	<input type="checkbox"/> Ordered at eligibility assessment appointment: <ul style="list-style-type: none"> HIV (Ag/Ab and viral load) Hepatitis A immunity Hepatitis B serology (surface Ag, surface Ab, core Ab) Hepatitis C serology^{2*} Syphilis serology^{2*} Chlamydia and gonorrhea (urine and pharyngeal/anorectal swabs, if applicable), Serum creatinine Urinalysis CBC ALT Beta-HCG (if applicable) Lipids (if considering prescribing tenofovir alafenamide) The pharmacist to review these results before the first HIV PrEP prescription is written.		
Laboratory Results Reviewed	Reviewing ordered laboratory results is not applicable at the eligibility assessment appointment (proceed to next section).		

Assessment	<input type="checkbox"/> The patient is eligible for PrEP (tenofovir/emtricitabine) <input type="checkbox"/> The patient is NOT eligible for PrEP (tenofovir/emtricitabine) due to: <hr/> <hr/>
Patient Education	<input type="checkbox"/> Patient education was reviewed with the following points discussed to establish patient's expectations for HIV PrEP therapy: <ul style="list-style-type: none"> • Daily dosing of PrEP and the importance of not missing doses • New cases of HIV continue to be diagnosed in Nova Scotia • Potential adverse effects and management strategies: <ul style="list-style-type: none"> • Nausea, vomiting, diarrhea, flatulence • Fatigue • Headache • ↓ bone mineral density • ↓ CrCl mL/min/year • Laboratory monitoring protocols
Immunization	Encourage administration of applicable vaccines: <ul style="list-style-type: none"> • Individuals who engage in substance use or harmful use of alcohol: Hep A, Hep B, Pneu-P-23 • Men who have sex with men: Hep A, Hep B, HPV • Individuals who engage in high-risk sexual practices: Hep A, Hep B • mpox vaccine • All patients: Routine COVID, Tdap, influenza, and all recommended routine vaccines (routine immunization schedules and individuals at high risk).
Follow-Up	<input type="checkbox"/> Eligibility assessment follow-up date : _____ (Recommended: at initial prescribing appointment 3-7 days after laboratory appointment) At each follow-up, the pharmacist is to assess for: <ul style="list-style-type: none"> • Symptoms of HIV seroconversion (e.g. febrile illness, mono-like symptoms, rash that cannot otherwise be explained) • Ongoing indication for PrEP • Use of other HIV and STI prevention strategies
Pharmacist Certification	By signing, I certify that I have assessed the patient and that patient consent was obtained. Pharmacist Name: _____ Signature: _____ NSCP #: _____ Date: _____

Pre-Exposure Prophylaxis (PrEP) for HIV Prescribing Protocol - APPENDIX 1

1. If client reports a high/moderate risk exposure (e.g. receptive anal intercourse, insertive anal/ front hole, receptive vaginal/front hole intercourse without barrier protection, needle sharing) within the last 72h and client was NOT taking HIV PrEP, refer the client for assessment for post-exposure prophylaxis (PEP). PrEP may be prescribed and initiated once HIV infection has been ruled out.
2. Syphilis and HCV serology remain positive if the patient had the infection previously. If the results return positive, ask the patient if they have a known history of the infection. Next ask if the previous infection was treated. If the syphilis or HCV infection was treated and there is a possibility of a new syphilis or HCV infection, a referral is required for treatment. Positive chlamydia or gonorrhea results suggest an active infection that requires referral for treatment. PrEP may be initiated before the infection(s) are treated.
3. STOP when CrCl < 60 mL/min for emtricitabine/tenofovir disoproxil fumarate (Truvada®)
STOP when CrCl < 30mL/min for emtricitabine/tenofovir alafenamide (Descovy®)

Where else to get sexual health care (e.g.: gonorrhea, chlamydia, syphilis, HIV)?

- All Zones in Nova Scotia
 - Family physician or nurse practitioner's office
 - Walk-in medical clinics
 - [Virtual Care NS](#) or [Maple](#)
 - Student clinics
- Central Zone
 - [Halifax Sexual Health Centre](#) – 7071 Bayers Road, Suite 302, Halifax.
 - [QEII STI Clinic](#) – 5820 University Avenue (Dickson Building, 5th floor), Halifax
 - [Clayton Park Sexual Health Clinic](#) 310-255 Lacewood Drive, Halifax
 - [Newcomer Health Clinic](#) – 6960 Mumford Road #2056 (Mumford Professional Centre)
 - [Wije'winen Health Centre](#) – 209-2021 Brunswick Street, Halifax
- Eastern Zone
 - [Ally Centre](#) – 75 Prince Street, Sydney
- Western Zone
 - [Tri-County Women's Centre Women's Wellness and 2SLGBTQIA+ Clinics](#)
– 12 Cumberland Street, Yarmouth.
 - If you are under 30: [The Red Door – Youth Health & Support Centre Clinic](#)
– 10 Webster Street, Suite 203, Kentville
- Northern Zone
 - Truro Sexual Health Clinic (902-956-1550) – 68 Robie Street (Fundy Trail Mall), Suite 103, Truro
- If none of the above options are possible, most local emergency departments can offer STI testing and treatment.

Blood-borne infection treatment (e.g.: HIV, hepatitis C, hepatitis B) requires primary care physician or nurse practitioner involvement and/or referral to specialists (e.g.: HIV treatment is offered via the QEII HIV Clinic)

- All Zones in Nova Scotia
 - Family physician or nurse practitioner's office
 - Walk-in medical clinics
 - [Virtual Care NS](#) or [Maple](#)
 - Student clinics
- If none of the above options are possible, most local emergency departments can offer treatment.