

# LUCIRA CHECK-IT MOLECULAR at-home rapid COVID-19 test

**Note:**

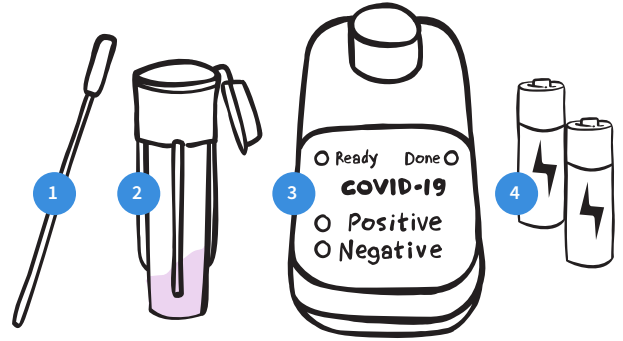
It is important to follow the instructions carefully for accurate results.

**Your testing kit contains:**

1. nose swab
2. tube with small amount of purple liquid
3. test unit
4. two AA batteries

**You will need:**

- ✓ clean, level surface  
*\*device must not be moved during 30 minute test*
- ✓ paper towel
- ✓ hand sanitizer



Adapted from Lucira CHECK-IT product insert — Updated Jun. 28, 2022

**Before you start:**

- ✓ Clean your hands.
- ✓ Place paper towel on a clean, level surface.
- ✓ Open the contents of your testing kit.
- ✓ Open the battery door and insert batteries only when you are ready to use the test.  
**Check that READY light is on.**
- ✓ Write your name with marker or pencil on the unit if testing more than one person.



Scan this QR code for an instructional video: [testtoprotect.ca/lucira](https://testtoprotect.ca/lucira)

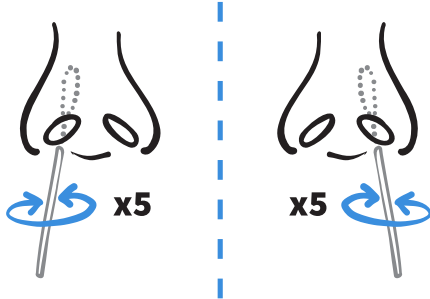
**1**



Remove seal from sample tube, being careful not to spill the purple liquid, then gently place the tube into the test unit, but do not push tube down.

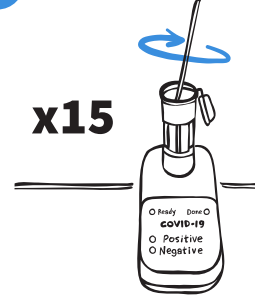
The **READY** light should be on.

**2**



Put the swab into your nostril about 2cm (for small children, just put the swab into the nostril). Rub and rotate the swab vigorously 5 times around and repeat for the other nostril (your eyes may water).

**3**

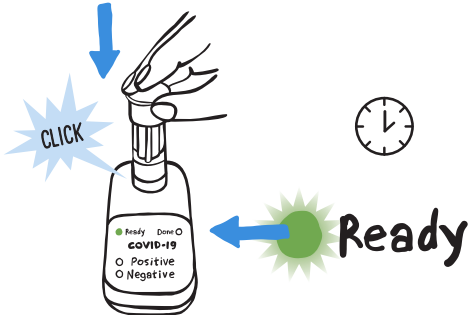


While holding the test unit stable on a flat surface (to avoid spilling), gently lower the swab into the purple liquid in the sample tube until it touches the bottom of the tube.

Mix the sample by stirring the swab 15 times.

**Discard the swab.**

**4**



Snap the cap closed on the sample tube, and press it down into the test unit until it clicks.

The **READY** light will start blinking, signaling that the test is running.

If the ready light does not start blinking within 5 seconds, use the palm of your hand to push the tube firmly into the test unit.

**5**



When finished, put testing supplies in the garbage, sanitize your hands, and clean your testing space.



When finished, the batteries can be removed and reused, or disposed of appropriately.

## RESULTS AFTER 30 MINUTES (OR SOONER IF POSITIVE)



**NEGATIVE**

Done and Negative lights are both on.

Please note:

- ✓ A single negative result cannot be used to rule out COVID-19 if you have symptoms. Repeat the test in 48 hours (2 days).
- ✓ Stay at home if you feel sick.



**POSITIVE**

Done and Positive lights are both on.

If you test positive, and you are considered high-risk for severe illness, you have the option to confirm your positive rapid test result with a PCR test. To book, please complete the online assessment at [covid-self-assessment.novascotia.ca/en](https://covid-self-assessment.novascotia.ca/en) or call 811.

If you test positive on a rapid test:

- ✓ Stay home if you feel sick.
- ✓ Notify Nova Scotia Health of your positive rapid test result by completing the Report and Support form at [c19hc.nshealth.ca/self-report](https://c19hc.nshealth.ca/self-report) or call 1-833-797-7772 if you do not have access to the internet or need assistance filling it out. This is used to identify those who are eligible and would benefit from quick access to COVID-19 medications.
- ✓ Consider yourself as having COVID-19, assume you are contagious and visit [nshealth.ca/testedpositiveforcovid](https://nshealth.ca/testedpositiveforcovid) to get more information on what you should do.

**INVALID** — If all four lights are on, this result cannot be used. The test must be repeated with a new kit.

**Keep testing kit out of reach of children and pets. Do not drink test fluid.**