

Why get vaccinated?

Getting vaccinated is an important tool for reducing the risk of severe illness from COVID-19.



Who can get the COVID-19 vaccine?

- ✓ People age 5+ (12+ for booster doses)
- ✓ People who are pregnant and breastfeeding
- ✓ People who are immunocompromised
(talk to your doctor if you have questions or concerns)

The vaccine is proven to be safe in scientific studies with thousands of people, and in real-world reporting. While people may experience mild short-term side effects (such as a sore arm, tiredness or aches), **serious side effects are rare.**

Does the vaccine still work?

Yes, the vaccine continues to do its job. Although it is still possible to get COVID-19 after vaccination, the vaccine reduces the risk of severe illness, hospitalization and death, and helps prevent spread in our communities.

Should I get vaccinated after having COVID-19?

While infection alone may provide some protection, vaccination after recovering from COVID-19 helps improve the immune response and may provide better and longer-lasting protection. After infection, wait 60 days for a first or second dose, or 90 days for a booster dose.

Why get a booster dose?

- With two doses of the vaccine, protection against severe illness remains generally high but this may decrease over time.
- Booster doses can **increase** the immune response and offer **better protection** against infection and severe disease.
- Booster doses help reduce the spread of the virus, severe disease, hospitalization and death.

Getting your vaccine or booster is **free**. You can get it even if you **do not** have a health card.



How do I get the vaccine?

- Visit a Pharmacy Association of Nova Scotia walk-in vaccine clinic: pans.ns.ca/walk-covid-19-vaccine-clinics
- Book your vaccine online: novascotia.ca/coronavirus/book-your-vaccination-appointment
- Or call 1-833-797-7772.
Interpretation services are available.



Need a drive to your vaccine appointment?

Rural Rides can help for \$5 per round-trip. Visit ruralrides.ca/find-a-ride.

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Learn more at nshealth.ca/coronavirusvaccine

