Nova Scotians have 3 options for getting their COVID-19 tests

There are different ways to get a COVID-19 test based on why you are getting tested. Here is a quick look at all three and what you need to know.

1. COVID-19 Testing Centres

These testing sites are open to anyone. If you are asked to go for a COVID-19 test by Public Health, you will be sent here.

How they work:

- You can go with or without symptoms.
- By appointment using online **self-assessment** tool only. Sorry, no drop-ins.
- All ages: Standard PCR test for adults. Gargle test for kids and youth. Children and youth must not eat, drink or vape for at least one hour before gargle testing.
- Results take up to 72 hours (by phone, email or online at **c19results.nshealth.ca**).

2. Public Health Mobile Units

Public Health Mobile Units drive to the people and places where testing is needed. Our vans are easy to spot.

How they work:

- You can go with or without symptoms.
- Drop-in or appointment using online **self-assessment** tool.
- All ages: Standard PCR test for adults. Gargle test for kids and youth. Children and youth must not eat, drink or vape for at least one hour before gargle testing.
- Results take up to 72 hours (by phone, email or online at **c19results.nshealth.ca**).

3. Rapid Pop-Up Testing

These testing sites pop up when and where quick testing is needed and provide rapid results. If you have not been somewhere listed as a potential exposure location or have not been in contact with someone who tested positive, a rapid pop-up test might be right for you.

How they work:

- Only if you have no symptoms.
- Drop-ins only. Sorry, no appointments.
- Ages 16 and up. Not for children.
- Rapid results within 20 minutes (by text message).

Did you know that PCR stands for Polymerase Chain Reaction?
The PCR test is the most reliable because it can find the smallest amounts of the COVID-19 virus.

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For information visit: nshealth.ca/coronavirustesting

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