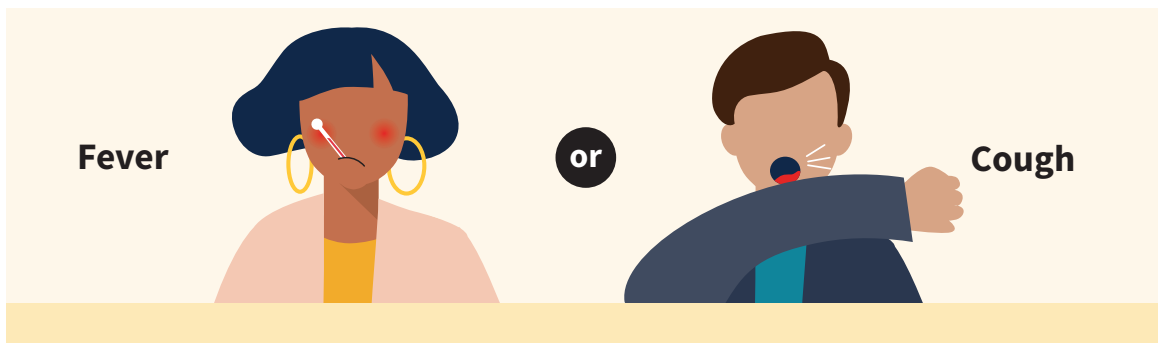


# Your Health and Safety is Important.

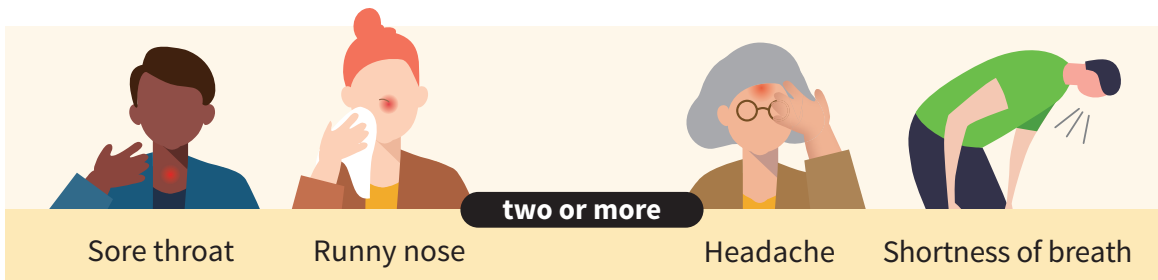
The COVID-19 virus is present in all parts of Nova Scotia. Your help is needed to stop the spread of the disease.



**Complete a COVID-19 Self-Assessment at [811.novascotia.ca](https://811.novascotia.ca) or call 811 if you have a fever or a cough (*new or getting worse*)**



**Complete a COVID-19 Self-Assessment at [811.novascotia.ca](https://811.novascotia.ca) or call 811 if you have two or more of these symptoms:**



Updated Oct. 1, 2020