

# Information to Continuing Care Sector

May 4, 2020

The following FAQ addresses questions directly related to NSHA. Moving forward, as protocols and processes may change in response to this rapidly evolving situation, NSHA, DHW, Public Health and Infection Prevention and Control will respond to frequently asked questions separately to ensure we are sharing consistent and accurate information.

*If you don't see your question below please know we are working on obtaining the information and it is likely that it involves work that is underway but not close enough for definitive answers. We will continue to provide answers as they become available.*

We want to remind you that NSHA has launched a new [COVID-19 Hub](#) to better serve all health care providers and NSHA staff across the organization.

## General Questions

### 1. How do we support our staff's mental health at this time?

In addition to what may be available through your organization, there are NSHA, provincial and federal resources you may access to support the mental health and wellness of your team members.

- [Care for the Caregiver Newsletter](#)
- [Communication with Heart in Difficult Times](#)
- [Coping with COVID-19 - A Resource for NSHA Employee](#)
- [Wellness Together Canada](#)
- [COVID-19 and Mental Health @ Work](#)

### 2. What will the IV training look like for LTCF care teams? Can we expect assistance on education and policies or should we be trying to pull together independently?

We are continuing to learn more about appropriate treatment required for COVID positive residents. Discussions are underway with regard to clinical pathways, resource requirements and access to equipment and treatments. LTC Medical Directors and physicians are being engaged in discussions related to the treatment of COVID positive residents.

### 3. If fluid support is needed for residents that become symptomatic with COVID-19 I feel subcutaneous fluid administration is a safer more controlled way of providing support over IV fluid administration in the RCF setting. Does the information provided by the WHO and our medical experts feel that this would provide enough fluid support for the senior population we care for if afflicted with COVID-19?

We are continuing to learn more about appropriate treatment required for COVID positive residents. Discussions are underway with regard to clinical pathways and appropriate treatment options. LTC Medical Directors and physicians are being engaged in discussions related to the treatment of COVID positive residents.

