NSHA Active Monitoring Tool for Healthcare Workers

Healthcare workers should ensure they are practicing active monitoring for symptoms of COVID-19 on a daily basis.

The following chart will help you identify and/or track symptoms. Some symptoms of COVID-19 are subtle and as such it is important to identify them as quickly as possible. If you are experiencing symptoms:

DO NOT REPORT TO WORK. Notify your manager and call the Occupational Health Line at 1-833-750-0632

DATE with AM & PM tracking														
Symptoms	AM/ PM													
Fever >37.8, chills, muscle aches														
New or Worsening Cough														
Sore Throat														
Runny Nose														
Congestion														
Sneezing														
Hoarseness														
Headache														
Diarrhea														
Loss of Smell/Taste														
Unusual Fatigue														