How to reduce risk in a shared living space when someone has tested positive for COVID-19

To reduce the risk of spread, consider taking these steps, especially if you live with someone at greater risk for severe disease.

- Use a separate bathroom, if possible. If there is a shared bathroom, use it at separate times. Thoroughly clean all shared surfaces after use.
- Stay in your room if possible, even when eating.
- Clean and disinfect high-touch surfaces such as door handles, light switches and remote controls regularly.
- Ideally, food and beverages should be prepared by others and delivered in a non-contact way to the person who is isolating.
- If a kitchen must be shared, use it at different times.
- Limit time spent in shared spaces if possible and wear a well fitting three-layer mask if this cannot be avoided.

nshealth.ca/information-covid-19-close-contacts

Updated February 1, 2022