When Public Health issues a public service announcement (PSA) for a potential COVID-19 exposure and it names a location where you have been, your vaccination status (fully vaccinated or not fully vaccinated) will determine your next steps.

Regardless of your vaccination status or the type of PSA, we recommend that you self-monitor for symptoms of COVID-19 for 14 days from the exposure. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache. Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

<table>
<thead>
<tr>
<th>Vaccination Status (on day of exposure)</th>
<th>Fully vaccinated*&lt;br&gt;or had a recent COVID-19 infection</th>
<th>Not fully vaccinated**&lt;br&gt;or no recent COVID-19 infection</th>
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<td></td>
<td>• You received the final dose of your COVID-19 vaccine series*&lt;br&gt;at least 14 days before your exposure&lt;br&gt;• You have had a positive COVID-19 PCR test within 12 weeks (3 months) of the exposure date</td>
<td>• You have not completed your COVID-19 vaccine series at least 14 days before your exposure. This includes those with only one vaccine dose or no vaccine dose.&lt;br&gt;• You have not had a recent positive COVID-19 PCR test within 12 weeks (3 months) of the exposure date</td>
</tr>
</tbody>
</table>

**COVID-19 Precaution Notification**
There has been a potential exposure of minimal risk to the public.

- Public Health recommends you **get tested** (PCR test) at least 72 hours after the exposure, if you do not have symptoms.
- You do not need to self-isolate unless you develop symptoms.

**COVID-19 Exposure Notification**
You had close contact with a person with COVID-19.

- Public Health recommends you **get tested** (PCR test) at least 72 hours after the exposure, if you do not have symptoms.
- If you have symptoms, please **get tested** (PCR test) at least 48 hours after symptoms start.
- You do not need to self-isolate unless you develop symptoms.

- You are required to self-isolate whether or not you have symptoms.
- **Book your first PCR COVID-19 test** immediately.
- **Book your second PCR COVID-19 test** 6 or 7 days after the exposure. You can stop isolating after 7 full days only if this test is negative and you have no symptoms. Avoid contact with immunocompromised people (i.e. nursing homes) for at least 14 days.
- **Booking a third PCR COVID-19 test** is recommended on Day 14 after your exposure.
- If you choose not to be tested on day 6 or 7, you must isolate for a full 14 days from your most recent exposure.

*In Nova Scotia, you’re considered fully vaccinated 14 days after you have any of the following COVID-19 vaccines:
- 2 doses of AstraZeneca or COVISHIELD
- 2 doses of Moderna
- 2 doses of Pfizer
- 2 doses of a combination of COVID-19 vaccines (AstraZeneca, COVISHIELD, Moderna and Pfizer)
- 1 dose of Janssen (Johnson & Johnson)
- complete series of a COVID-19 vaccine authorized by the World Health Organization

**Not fully vaccinated is defined as not meeting the criteria of fully vaccinated.**