When Public Health issues a public service announcement (PSA) for a potential COVID-19 exposure and it names a location where you have been, your vaccination status (fully vaccinated or not fully vaccinated) will determine your next steps.

**Fully vaccinated* or had a recent COVID-19 infection**
- You received the final dose of your COVID-19 vaccine series* at least 14 days before your exposure
- You have had a positive COVID-19 PCR test within 12 weeks (3 months) of the exposure date

**Not fully vaccinated** or no recent COVID-19 infection
- You have not completed your COVID-19 vaccine series at least 14 days before your exposure. This includes those with only one vaccine dose or no vaccine dose.
- You have not had a recent positive COVID-19 PCR test within 12 weeks (3 months) of the exposure date

**COVID-19 Precaution Notification**
- There has been a potential exposure of minimal risk to the public.
- You do not need to self-isolate or be tested unless you develop symptoms.

**COVID-19 Exposure Notification**
- You had close contact with a person with COVID-19.
- Public Health recommends you get tested (PCR test) at least 72 hours after the exposure, if you do not have symptoms.
- If you have symptoms, please get tested (PCR test) at least 48 hours after symptoms start.
- You do not need to self-isolate unless you develop symptoms.

- You are required to self-isolate whether or not you have symptoms.
- Book your first PCR COVID-19 test immediately.
- Book your second PCR COVID-19 test 6 or 7 days after the exposure. You can stop isolating after 7 full days only if this test is negative and you have no symptoms. Avoid contact with immunocompromised people (i.e. nursing homes) for at least 14 days.
- Booking a third PCR COVID-19 test is recommended on Day 14 after your exposure.
- If you choose not to be tested on day 6 or 7, you must isolate for a full 14 days from your most recent exposure.

**Regardless of your vaccination status or the type of PSA, we recommend that you self-monitor for symptoms of COVID-19 for 14 days from the exposure.**
Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache. Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

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* In Nova Scotia, you’re considered fully vaccinated 14 days after you have any of the following COVID-19 vaccines:
  - 2 doses of AstraZeneca or COVISHIELD
  - 2 doses of Moderna
  - 2 doses of Pfizer
  - 2 doses of a combination of COVID-19 vaccines (AstraZeneca, COVISHIELD, Moderna and Pfizer)
  - 1 dose of Janssen (Johnson & Johnson)
  - complete series of a COVID-19 vaccine authorized by the World Health Organization

**Not fully vaccinated** is defined as not meeting the criteria of fully vaccinated.