Work Isolation Criteria (NSHA staff is a Covid-19 Contact)

NSHA staff identified as a Covid-19 close contact by Public Health or Occupational Health
(See Table 1: Public Health Interim Guidance document)

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**ANY current symptoms possibly consistent with Covid-19?**
- Fever > 38°C, sore throat, runny nose/congestion, headache
- New or worsened cough
- Difficulty breathing
- Muscle aches
- Loss of smell

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Requires case by case review (Occupational Health Physician)

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**NSHA staff may return to work within the following restrictions:**

1) NSHA guidance for NSHA staff to wear procedure masks in patient care areas/roles
   (HCW Masking Guidelines During COVID)

**AND for a period of 14 days from NSHA staff’s last contact with a positive Covid-19 case:**

2) Performs twice-daily temperature checks.

3) Wears a procedure mask at all times in the facility, including:
   - Breaks and travelling to/from them, and
   - Washroom breaks and travelling to/from them

4) Employs social distancing (>2m) during meals and breaks.

5) **ONLY** removes procedure mask when actually eating or in washroom, always with proper technique
   (HCW Masking Guidelines During COVID)

6) Self-isolates at home in accordance with Public Health guidance (Isolation Guidance)

7) If **ANY** of the above symptoms appear: cease work immediately, advising both supervisor and NSHA Occupational Health.

* End-date for restrictions #2 – #7 will be determined by NSHA Occupational Health staff and communicated to the NSHA staff.*