

BD Veritor at-home rapid COVID-19 test

Note:

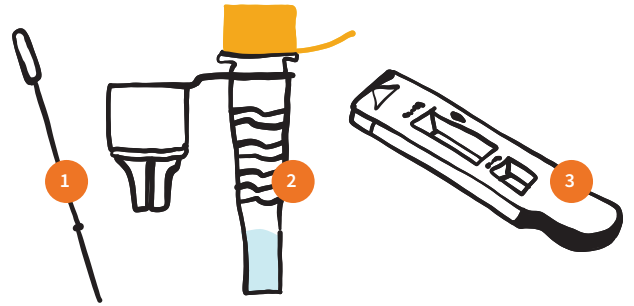
It is important to follow the instructions carefully for accurate results.

Your testing kit contains:

1. nose swab
2. tube with small amount of clear liquid
3. test unit

You will need:

- ✓ clean, level surface
- ✓ paper towel
- ✓ hand sanitizer
- ✓ timer or clock



Adapted from BD Veritor product insert — Updated Jan. 19, 2022

Do not eat or drink for at least 30 minutes before taking the test.

Before you start:

- ✓ Clean your hands.
- ✓ Place paper towel on a clean, level surface.
- ✓ Open the contents of your testing kit.
- ✓ Remove the test unit from the wrapper.
- ✓ Write your name with marker or pencil on the unit if testing more than one person.

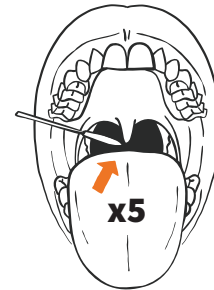


Scan this QR code for an instructional video:
testtoprotect.ca/veritor

Note:

For better accuracy of the test, we recommend swabbing both the throat and nostril using the same swab. If you choose to only swab one spot, it must be your nostril (throat swab alone will not give accurate results).

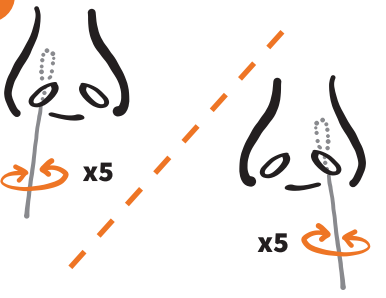
1



Tilt your head back, and open your mouth.

Without touching the sides of your mouth or tongue, use the swab to rub the back of your throat (area shaded black in the drawing) 5 times back and forth (this may cause you to gag).

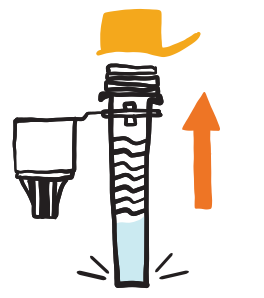
2



Using the same swab, put the swab into your nostril about 2cm (for small children, just put the swab into the nostril).

Rub and rotate the swab vigorously 5 times around and repeat for the other nostril (your eyes may water).

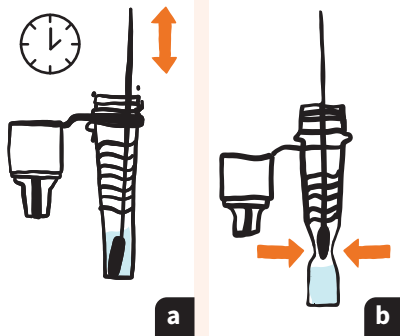
3



Gently tap the tube to bring the liquid to the bottom.

Carefully remove **YELLOW** cap, being careful not to spill, splash, or make contact with the liquid.

4

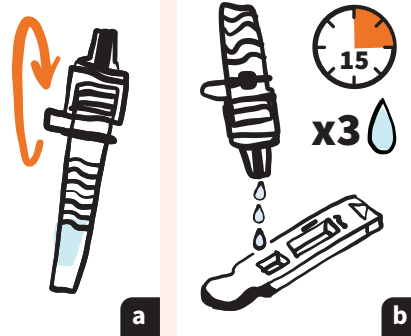


Gently lower swab into the liquid, stirring up and down for 15 seconds.

Pinch tube around swab to squeeze out remaining liquid.

Discard the swab.

5



Put the attached cap on the tube.

Gently squeeze 3 drops into the small well of the testing unit.

Leave unit on level surface for 15 minutes.

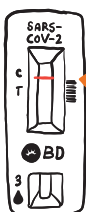
6

When finished, put testing supplies in the garbage, sanitize your hands and clean your testing space.



ATTENTION: The area that displays the results will turn red before turning back to the white before the result lines appear.

RESULTS (AFTER 15 MINUTES)

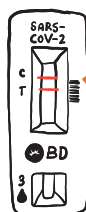


NEGATIVE — ONE LINE

one line at the C (control) mark, no line at the T (test) mark

Please note:

- ✓ A single negative result cannot be used to rule out COVID-19 in a person with symptoms.
- ✓ Stay at home if sick and repeat the test in 48 hours.



POSITIVE — TWO LINES

one line at the C (control) mark, one line at the T (test) mark

You must:

- ✓ Isolate immediately.
- ✓ To notify Public Health of your positive test result, please complete the *Report and Support* screening questionnaire at c19hc.nshealth.ca/self-report.
- ✓ If you test positive using a rapid test, you need to consider yourself as having COVID-19, assume you are contagious, and you and your household must self-isolate. You also need to inform your close contacts.
- ✓ Visit nshealth.ca/testedpositiveforcovid to get more information on what to do.

**Thank you
for getting tested!**

INVALID — If your test does not match either the negative or positive examples, the test should be repeated with a new kit.