TITLE: SELF-ADMINISTRATION OF “BEDSIDE MEDICATION” BY OBSTETRICS PATIENTS

Sponsor: Medication Management Committee

Approved by: Drugs & Therapeutics Committee

Applies To: Womens & Newborn Health Program, Pharmacy

NUMBER: 3.85

Page: 1 of 9

PREAMBLE

The purpose of this policy is to establish guidelines for the self-administration of medications in obstetrics.

POLICY

Self-administration of medications by inpatients at the IWK Health Centre is generally not encouraged, but is accepted practice for obstetrics patients for selected medications.

- When medications are to be self-administered the following are required:
- For administration of medications by non-staff members (e.g., patients, family members), the individual(s) must be deemed competent for self-administration.
- Specific medication order(s) are written by the prescriber, for self administration, including the medication, dose, frequency, route, indication, and whether the medication is to be stored at bedside.
- If kept at bedside, the medication shall be labeled as “Bedside Medication” by the Pharmacy.
- When additional medication is needed the nurse shall notify the pharmacy.
- Patient education for the patient or caregiver (non-staff member) shall include information on the medication, dose, frequency, route, indication, and expected actions or side effects.
- Documentation of patient education for self-administration of medications shall be recorded in the patient’s MAR.
- Documentation of administration of medications by patient alone shall be recorded in the self administration MAR.
PROCEDURE

1. Prescriber writes order for medication that is on approved list of bedside medications or that may be specifically requested to be left at bedside. *(Appendix A)*

2. Prescriber indicates in writing if medications from the approved list are "not" to be left at the bedside.

3. Nurse assesses patient as to her competency for administering her own medications.

4. Pharmacy dispenses any medications specifically requested by prescriber to be left at the bedside with appropriate labelling for patient self administration. Include comment "Bedside Medication" in comment field of **Meditech** labels.

5. Nurse instructs the patient how to administer, store and document medication on Self-Administration Record (Form ID IWK_SEADRE) and records bedside medication on the pre-printed Postpartum Medication Administration Record (Form ID IWK_POPA) at the time of issue, including name of medication, dose, frequency, route, and instructions given.

6. Nurse provides patient with pharmacy supplied pre-packaged medication, adding dose and frequency of administration, as appropriate. All oral medications shall be packaged in vials with safety closures.

7. If the medication to be self-administered is the patient’s own medication, the requirements for Medication Brought into the Hospital by the Patients – Policy 3.90 must also be met.

8. Nurse counsels patient on the medication, including drug name, purpose, dose, frequency, special administration instructions, storage requirements and side effects.”

9. Instruct/ensure patient to store medications safely and well out of reach of children/visitors. Medications may not be given to other patients, visitors or family members.

10. Patient documents doses taken on Self-Administration Record (Form ID IWK_POPA).

11. Patient returns all documentation to nurse who files on the health record at discharge.

12. Nurse records observations as to the medication effectiveness in progress notes and monitors patient compliance.

13. Upon discharge, all unused medication may be sent home with patient or discarded on unit. *(Do not send opened tubes, empty vials, inhalers, etc. to Pharmacy).*
REFERENCES

MD Anderson Cancer Center, UTMDACC INSTITUTIONAL POLICY # CLN0597, Self-Administration of Medication by Patients
http://www2.mdanderson.org/app/ir/SACSHTML/DocumentAppendix/Appendix%20G/CLN0597.pdf

Accreditation Canada – Medication Management Standards 2015

Appendices

- Appendix A – Approved List of Bedside Medications - Obstetrics

Policies

- Medication Management Self Administration of Medication (SAM) by IWK Inpatients Policy 20.60
- Medication Management Policy 4.08, Medicinal Marihuana
- Medication Management Policy 4.25, Natural Products
- Medication Management Policy 3.90, Medications Brought into Hospital by Patients.
- Medication Management Policy 10.11, 24 Hour Medication Administration Record (cMAR).
- Medication Management Policy 20.05, Administration of Medications
- Medication Management Policy 25.05, High Alert Medications

Forms

- Medication Administration Record (MAR)
- Routine Post Partum Orders (IWK_ROUPO)
- Post Partum Analgesia Orders (IWK_PONE)
- Post Partum POST PARTUM PREPRINTED 4−DAY Medication Administration Record (MAR) (IWK_POPA)
- Newborn Admitting Orders (IWK_NEADO)
- Newborn Admitting Orders Family and Newborn Unit Preprinted 4 day Medication Administration Record (IWK_NEADOR)
- Self Administration Record for Post Partum Medications Women’s and Newborn Health (IWK_SEADRE)
### Appendix A – Policy 3.85

**APPROVED LIST OF BEDSIDE MEDICATIONS - OBSTETRICS**

<table>
<thead>
<tr>
<th>Family Newborn Unit (5A-5B) and Prenatal Special Care Unit (7A)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEDICATION</strong></td>
</tr>
<tr>
<td>Acetaminophen 500 mg tablets (8)</td>
</tr>
<tr>
<td>Calcium Carbonate 500 mg (10) [200 mg elemental calcium] (Tums® or equivalent)</td>
</tr>
<tr>
<td>Anusol HC² ointment (or equivalent)</td>
</tr>
<tr>
<td>Naproxen 250 mg PO (6)</td>
</tr>
<tr>
<td>Prenatal Vitamin Supplements (3)</td>
</tr>
<tr>
<td>Vitamin D3 Drops for Newborns*</td>
</tr>
</tbody>
</table>

**OTHER PRODUCTS THAT MAY BE LEFT AT BEDSIDE ONLY IF SPECIFICALLY REQUESTED BY PRESCRIBER**

- Inhalers, Insulin
- Ophthalmic or Otic Preparations
- Oral Vitamin / Mineral Supplements
- Rectal Haemorrhoidal Products (excluding those listed above)
- Topical Ointments, Creams, etc.
- Vaginal Products

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